



Power Living

with Bill Ayling

I have long held the belief that real 'healing' can only be attained from a truly stable platform and from within yourself. The intention of this one day workshop is to help you establish that platform from which real change and 'healing' is possible.

If you are struggling to make sense of life, lacking in energy, feel stuck or confused, or just sense something in life is changing.

Power Living will help you to :

- **harness the 'free energy' hidden in apparent difficulty.**
- **recognise patterns and understand why we repeat them.**
- **prevent energy leakage.**
- **build a platform from which stable, deep level change can occur.**
- **listen to your heart.**
- **build more authentic relationships**
- **trust yourself.**
- **understand addictions.**
- **access your potential.**
- **have fun.**

Date: Saturday 17th December 2011

Cost : £50

Time : 10am to 5pm

Venue: The Creative Space Centre
Warren Farm Properties, Main Road,
Sundridge, Kent TN14 6EE

Booking : Phone 01959 569018 or
email mail@acreativespace.org to
reserve a place